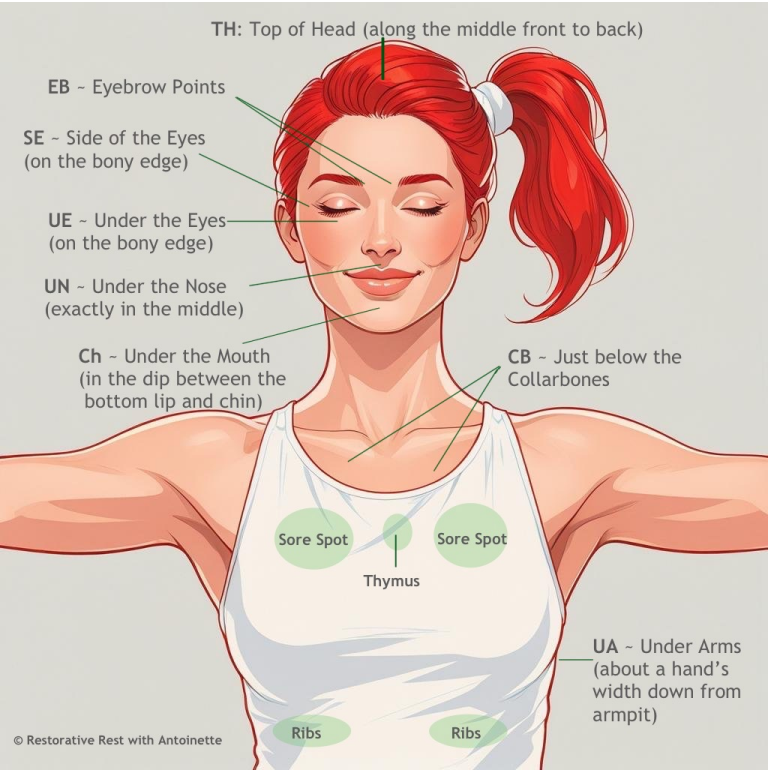
TH: Top of Head (along the middle front to back)
EB ~ Eyebrow Points
SE ~ Side of the Eyes (on the bony edge)
UE ~ Under the Eyes (on the bony edge)
UN ~ Under the Nose (exactly in the middle)
Ch ~ Under the Mouth (in the dip between the bottom lip and chin)
CB ~ Just below the Collarbones
Sore Spot
Sore Spot
Thymus
UA ~ Under Arms (about a hand's width down from armpit)
Ribs
Ribs
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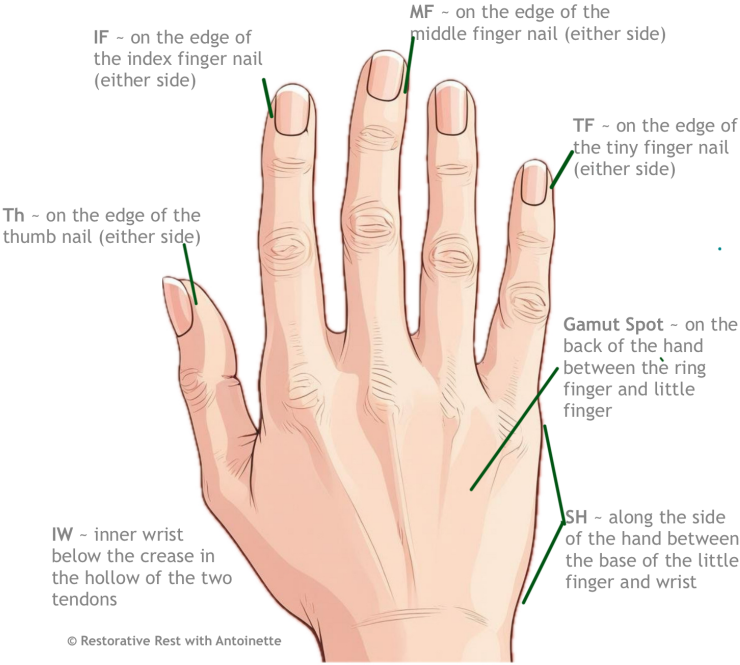
IF ~ on the edge of the index finger nail (either side)
MF ~ on the edge of the middle finger nail (either side)
TF ~ on the edge of the tiny finger nail (either side)
Th ~ on the edge of the thumb nail (either side)
Gamut Spot ~ on the back of the hand between the ring finger and little finger
SH ~ along the side of the hand between the base of the little finger and wrist
IW ~ inner wrist below the crease in the hollow of the two tendons
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